

# How to grow your own tomatoes

From seed to enjoy in 20 weeks



Tomatoes grow best in a warm, sheltered, sunny position

## You will need...

Gardener's Delight seeds (£1.99)

John Innes Seed Compost (£2.99, 10 litres)

Let's Grow Propagating Trays (£3.99 pack of 5)

3" (7.6cm) Stewart Bio Flower Pots (£1.69 pack of 10)

Levington Giant Tomato planter

(£4.99 each or 2 for £8, 56 litre)

Cane supports (£4.99 pack of 3)

Tomorite tomato feed 1L (£ 3.99 each or 2 for £ 6.00)

## You may also need...

Grow bag surrounds (£9.99)

Tomato growpots (£11.99 for 3)

Tomato growing cage (£4.99)

Growbag greenhouse (£14.99)

### 1 SOW



#### End of March

First decide what type of tomato you are going to grow – why not try Gardener's Delight from Thompson & Morgan for a full-flavour, bite-size fruit? Fill a Let's Grow Propagating Tray with John Innes Seed Compost, scatter the seeds thinly on the surface and then cover with a thin layer of compost. Water gently and place somewhere warm and sunny.

### 2 THIN OUT



#### Mid-April

As the seedlings develop it may be necessary to thin them out so there is plenty of room for them to grow and establish good root systems. As soon as they have grown one or two true leaves (approx 2-3 ins or 8cm tall) they are ready to be put in to individual pots. Water to keep the soil moist but not too wet.

### 3 PLANT



#### May

When your tomato plant has grown twice as high as the pot move it to a Levington Giant Tomato planter which will hold three plants. Support each plant with a cane or grow bag support.

### 4 PINCH OUT & FEED



Pinch out any shoots which appear in the angle between the stem and leaf. Pinch out the growing tip when your plant has enough flowering stems or "trusses". It is most important to water the plants daily and add Tomorite Tomato Food weekly. If the skin splits it's a sure sign of inconsistent watering.

### 5 HARVEST & EAT



When they're red and ripe your tomatoes are ready for picking! Wash well, store at room temperature and taste the difference!

Seeds available  
Now! Prices from £1.69

Plug plants available  
Now – 4 for just £1.49!

9cm plants available  
Beginning of April for £1.29

  
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